

MOTIV ACTIVITIES



SEPTEMBER CALENDAR

2024

**THU
05**

BE READY CV CLINIC

Elevate your career with our Online 1-2-1 CV clinic. Enjoy personalized guidance as we tailor your resume to highlight your strengths and stand out to employers. Get expert feedback, actionable tips, and a CV that makes an impact. Book your session today and take the next step in your job search!

**12:00
14:00**

**WED
11**

CONFLICT RESOLUTION

Learn strategies on how to manage anger and resolve conflict peacefully. Practice negotiation and communication skills through fun, interactive role play scenarios. You will also receive a tips sheet at the end of the session to summarise everything covered.

**17:00
18:00**

**THU
12**

BE READY CV CLINIC

Elevate your career with our Online 1-2-1 CV Workshop! Enjoy personalized guidance as we tailor your resume to highlight your strengths and stand out to employers. Get expert feedback, actionable tips, and a CV that makes an impact. Book your session today and take the next step in your job search!

**17:00
18:00**

**FRI
13**

CYBER SAFETY

Discuss the impact of cyber bullying, trolling and digital anti-social behaviour. Learn how to navigate social media and online platforms positively and safely. Increase your awareness on online behaviour and consequences.

**18:00
19:00**

**TUE
17**

TACO TUESDAY

To celebrate Hispanic heritage month we will be making our own Tacos and salsa's to enjoy a hispanic feast together, maybe we might even teach you a bit of real salsa while we are at it. No need to bring any ingredients, we provide everything for you.

**15:00
18:00**

**TUE
17**

BADMINTON

Dive into the thrill of badminton with our engaging session! Improve your techniques, enjoy fast-paced rallies. Suitable for all skill levels, this is your chance to have fun and stay active. See you on the court!

**18:00
19:00**

**WED
18**

GRAVITY MAX

Get ready to unleash your inner gamer at gravity max arcade in Stratford, where epic adventures and nostalgic classics collide! Whether you're a high-score chaser, a pinball wizard, or just looking for a fun time with friends, gravity max has got something for everyone.

**16:00
18:00**

For more information:



Shanaz.begum@aston-mansfield.org.uk

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**WED
18**

BEETLEJUICE!

Join us for a spooky and hilarious movie night at Stratford Vue cinema featuring the classic Tim Burton film "Beetlejuice"! Dive into a world of mischievous ghosts and bizarre antics as the mischievous bio-exorcist wreaks havoc on the afterlife. Don't miss this chance to experience a cult favorite filled with dark humor and unforgettable characters.

**18:30
-finish**

**THU
19**

MOROCCAN CORNER

Gather your girlfriends for a fabulous evening of making bracelets, phone charms, necklaces, and more! Unleash your creativity while enjoying good company, laughter, and fun. Whether you're a jewelry-making pro or a beginner, don't miss out on this perfect blend of crafting and camaraderie!

**16:00
17:30**

**THU
19**

PADEL

Padel is a dynamic mix of tennis and squash that's taking the world by storm – and now it's your turn to get in on the action! Whether you are a total beginner or already familiar with the game come and join us on the court, make new friends, sharpen your reflexes, and get a great workout – all while having a blast

**16:30
Onwards**

**FRI
20**

GIRLS NIGHT!

Get ready for a fabulous Girls Night Out! Join us for an evening of fun, laughter, and unforgettable memories. Enjoy great company, delicious drinks, and exciting activities as we celebrate friendship and let loose. It's your night to shine—don't miss it!

**18:00
20:00**

**WED
25**

BADMINTON

Dive into the thrill of badminton with our engaging session! Improve your techniques, enjoy fast-paced rallies. Suitable for all skill levels, this is your chance to have fun and stay active. See you on the court!

**18:00
19:00**

**SAT
28**

FIND YOUR VOICE

Do you know how powerful your voice can be? In our "Find Your Voice" workshop, we'll help you build the confidence to stand up for yourself and say no to peer pressure, anti-social behaviour and negative predicaments. This is your chance to take control, set boundaries, and make positive choices.

**14:00
16:00**

**TUE
30**

CULTURE FOOD TOUR

Join us for a cultural food tour through Chinatown, where you'll dive into a world of incredible flavours from savoury street food to delicious traditional desserts across east asia. Discover hidden gems, try authentic dishes, and learn about the rich culture and history behind every bite.

**16:30
18:30**

For more information:



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